

INTRODUCTION TO LIVING FOODS WORKSHOP

3 Hours Living Foods Demo/Sampling/Talk

Eating for Anti-Aging, Extraordinary Energy, Super Immunity

LEARN DELICIOUS SMOOTHIES WITHOUT RECIPES!

CREATE NEW SMOOTHIE RECIPES ON YOUR OWN!

PREPARE MOUTHWATERING HEALTHY SALADS WITH
LOCAL PRODUCE & MUCH MORE!



Maintaining a Living Foods Lifestyle is totally possible and sustainable in Singapore. Come join us for a fun and engaging session, be introduced to a revolutionary new way of eating, and let us show you all the short cuts! This is not your standard demo class where you learn a designated number of recipes; rather, it is about empowering you with all the skills and short-cuts on creating delicious recipes with your favorite foods for yourself and your loved ones.



One workshop is ALL YOU NEED to get started!

Time: **11am – 2pm**

Workshop Fee: **S\$198*** PROMOTIONAL PRICE, includes all sampling ingredients, abundant Smoothies and complimentary LLL Raw Gourmet Snacks available for that session.

How to Register:

Email **registration@rawfoodlifestyles.com** or contact **+65 6528 5168** with your full name, contact number, email address & workshop name.

Intro to Living Foods Workshop © Light Love Laughter Pte Ltd - The very First Original Living Foods & Holistic Academy in Singapore & Asia!

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