

A W A K E N Y O U R T R U E B E A U T Y



LIVING SKIN SUPERFOODS DEMO-WORKSHOP

An Essential Workshop to Eating for Beauty!

Watch and learn how to make Skin Nourishing Recipes from fresh Living ingredients.

Experience the magic of Beauty Yogurt, Radiance Seed Milk, Anti-Aging Salad, Raw Cacao Crisps & the Ultimate Skin Smoothie!



Learn what are the Top 10 Beauty Foods to incorporate into the diet, where to find them and how to make them into delicious recipes.

SPECIAL BONUS:

Make your own Living Skin Cream!

Using Raw Organic Cacao Butter, Virgin Oils & Organic Essential Oils, watch & learn how to make a simple but yet powerful moisturizer for your face & body!



Elements

Demo Recipes:

- 1) D.I.Y. Living Beauty Yogurt
- 2) Radiance Seed Milk
- 3) Anti-Aging Salad
- 4) Raw Cacao Crisps
- 5) Ultimate Skin Smoothie
- 6) *Living Skin Cream!

*Special Complimentary Living Skin Cream Samples for you to bring back!

Duration: 2 hours+
Cost : *S\$168

*Includes all sampling of Skin Recipes and bring home Organic Living Skin Cream.

Unleash your inherent healing abilities and re-Live Skin-Deep Beauty today! To register, please write into info@thelivingyoga.com with your name and contact no.